

### **Cold Cream Marine Body Ritual 50 minutes — \$120**

For the ultimate nourishing body treatment, perfect to restore comfort to dry and very dry skin, this ritual begins with a deeply hydrating body wrap to soothe the skin and relieve any feelings of dryness, restoring a feeling of comfort. While this is taking effect, a scalp massage is carried out to promote relaxation and ease tension. The wrap is followed up with a light massage using a conditioning body cream.

### **Cold Cream Marine Deep Nourishing Hand and Foot Massage 25 minutes — \$60**

Cold Cream Marine-enriched treatments provide highly effective hand and foot care for the driest and most sensitive skin. These deeply nourishing treatments use specific massage techniques to provide comfort and protect the skin's beauty in just 25 minutes.

### **Sea Spa Algae Back Ritual 50 minutes — \$110**

Discover the incredible benefits of seaweed for problem skin. This back treatment combines natural marine algae, rich in re-mineralizing ingredients, to deep cleanse, detoxify and smooth the skin. The skin is exfoliated with a red algae-based body scrub. Thalgo's patented seaweed wrap is applied to the back. After the wrap is removed, the back is spritzed with a refreshing seawater concentrate. Intense Regulating Serum is applied to regulate sebum production and is followed by a light massage using a conditioning body cream. (You may not schedule this treatment if you have any allergies to iodine or shellfish).

### **Sea Spa Algae Wrap 50 minutes — \$130**

The original marine algae wrap harnesses all the incredible benefits of seaweed. To relieve tension, the body is exfoliated, and then Thalgo's patented seaweed body wrap is applied, infusing its minerals, vitamins and micro-nutrients into the body. This treatment activates circulation, increases metabolism, relieves aches and pains, and improves skin conditions such as eczema and psoriasis. Excellent for detox and general well-being, finishing with light massage using a conditioning body cream. (You may not schedule this treatment if you have any allergies to iodine or shellfish).

### **EXPERIENCE THE SOLARIUM**

Complimentary use of The Oasis Pool and The Solarium which includes a Jacuzzi, sauna, steam room, lounge chairs, heated marble benches and floor is included with all massages and body treatments. The Oasis Pool and The Solarium are also available to guests who are not receiving services for a fee of \$20.

You must be 18 years of age or older to access the Spa, Pool and Solarium.

## sea spa

TROPICANA ATLANTIC CITY

Wednesday - Thursday	10AM - 6PM
Friday	10AM - 7PM
Saturday	9AM - 7PM
Sunday	9AM - 6PM

Book your treatment today at 609.340.4363



## sea spa

TROPICANA ATLANTIC CITY

**MORE FUN  
VALUE  
VARIETY**

**TROPICANA**  
ATLANTIC CITY

**TROPICANA**  
ATLANTIC CITY

Sea Spa at Tropicana Atlantic City draws inspiration from the nourishing and healing properties of the sea and salt that restore the body's perfect balance. The 10,000-square-foot spa draws inspiration from the Atlantic Ocean and is located on the ground floor of The Chelsea Tower.

Sea Spa features 8 private treatment rooms, 1 couples room and a Solarium with a Jacuzzi, steam room and sauna. A seasonally-heated outdoor pool, adjacent to the spa, promises to loosen tight muscles and enhance your treatment.

The Sea Spa treatment menu highlights the nourishing, soothing and healing properties of the sea and salt. In addition to spa treatments, the spa offers packages tailored to men, women, couples, wedding and bachelor/ette parties.

## MASSAGE MENU

### **Classic Swedish 50/80/110 minutes — \$110/\$165/\$200**

This technique is to relax the entire body. This is accomplished by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart.

### **Deep Tissue 50/80/110 minutes — \$130/\$180/\$230**

A massage that involves applying firm pressure and slow strokes to reach deeper layers of muscle and fascia (the connective tissue surrounding muscles).

### **Hot Stone 50/70/110 minutes — \$140/\$195/\$245**

This therapy session promotes deeper muscle relaxation through the placement of smooth, water-heated stones at key points on the body. Our professional massage therapists also incorporate a customized massage, with the use of hot stones which offers enhanced benefits.

### **Prenatal 50 minutes — \$115**

It is a healthy way to reduce stress and promote overall wellness. Massage relieves many of the normal discomforts experienced during pregnancy, such as backaches, stiff neck, leg cramps, headaches and edema (or swelling). Thalgo Stretch Mark Cream will be incorporated to help the skin tolerate extensive stretching. This service is available after the first trimester of pregnancy.

### **Express Massage 25 minutes — \$60**

Swedish Massage technique concentrating on only one area of the body.

Massages and Body Treatments begin with a Thalgo Reviving Marine Mist Ritual. (Excluded Back Rituals & Hand and Foot Massage)

Aromatherapy may be added to any massage for an additional \$20.



Any of our massages may be booked in our couples room for individual pricing above.

## THALGO TREATMENT MENU

### **The Power of Marine Spa and Beauty**

Thalgo treatments are renowned for their incredible results. World leader and originator of the marine spa and beauty trend for over 50 years, Thalgo harnesses the riches of the sea so you can benefit from powerful healing, revitalizing and rebalancing properties vital for health and well-being. Thalgo's exceptional body treatments refine, relax and tone. As specialists in marine spa therapies, Thalgo harnesses all the riches of the sea — oligo-elements, proteins, amino-acids, minerals and vitamins to help you firm, detox and relax.

### **Marine Body Scrub 40 minutes — \$90.00**

Revitalizing Marine Scrub for full-body exfoliation and super-soft skin finished with a light massage using a conditioning body cream.

### **Marine Back Ritual 50 minutes — \$110.00**

This Back Treatment combines Natural Marine Mud and sea salts which infuse their benefits as the skin is exfoliated to eliminate dead skin cells, alleviate any roughness by activating micro-circulation. After the mud and salts are removed, a light massage is carried out using a conditioning body cream. (Not recommended for those with very sensitive skin).

### **Marine Sea Salt Body Wrap 50 minutes — \$110**

For full-body exfoliation and super-soft skin. This treatment combines Natural Marine Mud and sea salts, which infuse their benefits via a body wrap. The skin is then exfoliated to eliminate dead skin cells, alleviate any roughness and invigorate the entire body by activating micro-circulation. After the mud and salts are removed, a light massage is carried out using a conditioning body cream. (Not recommended for those with very sensitive skin).

